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## Lecture Roadmap

- Introduction & definition
- Estivation
- Hibernation or Overwintering
- Supplement reading

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Global Diversity of Amphibian Species

The map displays the number of amphibian species per region, color-coded according to the legend. The legend categories are: 0-5 (dark blue), 6-10 (medium blue), 11-15 (green), 16-20 (light green), 21-25 (yellow), 26-30 (orange), 31-40 (red-orange), and 41-100 (red). The highest diversity is shown in South America and parts of Southeast Asia.

Source: Global Amphibian Assessment

Amphibian occurs in wide range over the world.

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### 3 Main challenges to survival

- Starvation
- Cold → Hibernation
- Drought → Estivation

Physiological problem is “How to survive to next breeding or active period while conserving as many as resources as possible?”.

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## Definitions

**Estivation** : a state of reduce metabolism seen most commonly in anurans inhabiting periodically dry habitats and become inactive.

**Hibernation or Overwintering**: a state of reduce metabolism seen most commonly in anurans inhabiting cold environments,

however, this may mean a state of controlled torpor and reduce body temperature if small endothermic by mammalian physiologist

**Other words:** Dormancy, Torpor Brumation

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## Estivation



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## Life-history of Estivators

General behavior and ecology

- Highly terrestrial
- Nocturnal and fossorial.
- Spend 7-10 months/ year for Estivation.
- Eggs and Larva develop quickly
- Can occur several months when condition are favorable

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## Who do estivation?

- Adult anurans that inhabits in xeric area, or area which prolonged drought which surface water is disappeared. Most of them aestivate in burrow.



Striped Marsh Frog  
*Limnodynastes peronii*



Desert Rain Frog  
*Breviceps macrops*



Northern Burrowing Frog  
*Neobatrachus aquilonius*



Northern Spadefoot  
*Notaden melanoscaphus*



Western Spadefoot Toad  
*Scaphiopus hammondi*



Couch's spadefoot toad  
*Scaphiopus couchii*

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## Who do estivation?

- Some aquatic amphibians such as anurans and salamanders. This group do estivation in mud or build cocoon.



African clawed frog  
*Xenopus laevis*



Horned Frog  
*Ceratophrys ornata*



African Bullfrog  
*Pyxicephalus adspersus*

- Larva of some salamanders



Greater siren, *Siren lacertina*



Tiger Salamander, *Ambystoma trigrinum*



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### Cue for entering and breaking of estivation

- Rain and High Humidity
- Photoperiod
- Temperature



The ability to estivate during periods of adverse condition allows some anuran to survive in truly extreme environment.



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## Burrow Microenvironment

The most important physical variables on burrows are;

### Temperature

much lower and less variable than surface, However, variable may occur depending on season, depth, geographic location and soil types

### Soil water tension

is function of water content, particle size and soil chemistry.

### Concentration of respiratory gases

depend on respiration of estivator and other organisms in soil and soil gas permeability. Little known about gas concentration around amphibian burrows.

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## Burrows



### Burrow location

Non randomly distribution, usually in area which shallow water table or where soil moisture closer in surface

### Burrow selection

Terrestrial anurans will search for suitable place for burrows while aquatic estivator has little choice

Depth of burrows can changing due to soil moisture for example in *Scaphiopus* average burrow depth in fall around 20 cm reach to 50-70 cm in midwinter

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## Cocoon

- 3 types; multiple layers of shed stratum, single stratum of corneum and a layer of secreted mucus.
- reduced water loss and evaporate
- found in *Lepidobatrachus llanensis*, *Ceratophrys ornata*, *Pyxicephalus adsperus* and also in *Siren intermedia* (cocoon derived from mucus) for example

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## Urea and Electrolyte Balance

- Amphibians still continue their metabolism during estivation and metabolite products such as urea will harm to life.
- During estivation plasma urea of *Scaphiopus couchii* increasing to 200-300 mM
- This concentration may help to maintain water uptake from moisture soil but will denature proteins and disturb enzymes activities.
- In anurans, counterbalance of this substance by trimethylamine oxide, betaine, and sarcosine.

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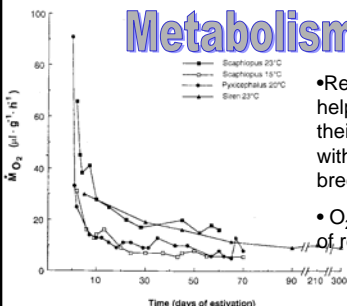
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## Metabolism Reduction



- Reduction of metabolism will help estivators to prolong their estivation and emerge with sufficient reserves to breed.
- O<sub>2</sub> uptake decreases to 30% of resting within 3 hrs.

3 regulatory mechanisms participate in metabolic depression

- 1) alteration of enzyme/protein activity
- 2) changes in the subcellular location of enzymes
- 3) regulation of the anabolic uses of carbohydrate

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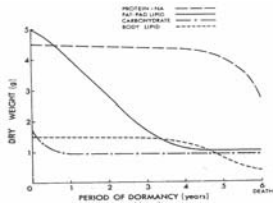
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# Fuel Reserves

- Amphibians reserve their fuel in term of triglyceride which found in abdominal fat body and lipids which found in liver and other organs.
- Just before estivation, the fat bodies represent about 3-4.5% of body mass, although it may be extremely variables.



- Carbohydrate will use at start of estivation
- Major energy source is fat body
- Protein is used at the end of extreme estivation

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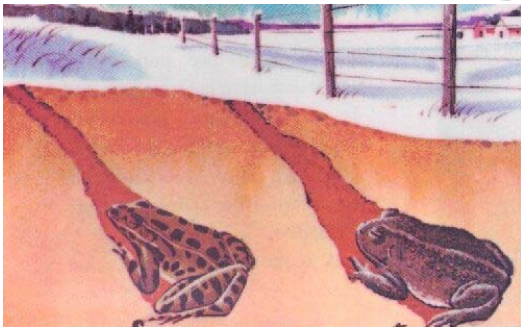
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# Hibernation/Overwintering




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## Northern limits of some Northern American Amphibians



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## Responses to Cold and Starvation

To survive over prolonged cold and starvation, hibernators will use some basic strategies;

- a) accumulation of fuel reserves prior to winter
- b) adjustments to cellular membranes and proteins to optimize low temperature function.

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## Overwintering Microenvironment

### 3 strategies for overwintering

- **Underwater hibernators** will save from freezing but may suffer from anoxia or hypoxia or predators.
- **Terrestrial hibernators** will save from predators but may freeze under severe weather.
- **Burrowers hibernators** may be safer but may be challenged with freezing.

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## Winter Mortality

- May reach 50% of population of *Plethodon cinereus* and *Eurycea bilineata* Vernberg (1953)
- High mortality rate may be episodic rather than routine.
- In aquatic animals, usually concern with anoxia.

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# Terrestrial Hibernation

Useful Options to survive in cold weather are  
 a) avoid to expose subzero temperature or b) to tolerate freezing point.

Most terrestrial amphibian choose avoidance strategy but some (*Rana sylvatica*, *Hyla versicolor*, *H. crucifer* and *Pseudacris triseriata*) choose to tolerate ice formation in extracellular fluid space.

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## To avoid subzero temperature.....

- Finding well-aerated, stable temperature and moist hibernacula.
- Have stored enough reserved energy.

## To tolerate subzero temperature.....

- Biochemical adaptation for tolerate freezing
  - control of extracellular ice
  - regulation of cell volume
  - protection of subcellular organization
  - viability in the frozen state

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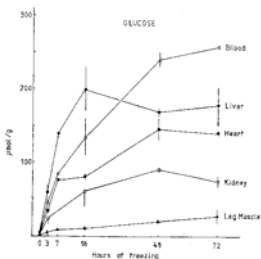
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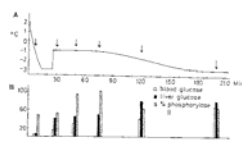
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# Cryoprotectants

Key substance for cryoprotectant is glucose while glycerol, and dimethylsulfoxide are equally effective.



Course of glucose accumulation by organs of *Rana sylvatica*



Triggering and accumulation of glucose cryoprotectants of *Rana sylvatica*

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# Aquatic Hibernation

## Anaerobiosis

- anoxic circumstance will occurs when water completely covering with ice or snow
- in *Rana pipens* at 5° C, Blood pH increasing 0.7 unit and lactate increasing sixty fold so animal will be stunt and can not move.
- Urodels less suffer to low oxygen concentration than anurans do.

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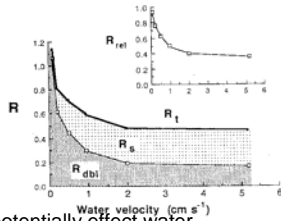
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## Boundary layers



- are layers next to skin which potentially effect water, ion, and gas exchange in submerged amphibian
- boundary layer is physiological significant depend on its thickness.
- boundary layer likely to be problem of underwater hibernators in still water.

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# Direction for Future Research

- Microenvironments surrounded both estivators and hibernators
- Mechanisms of metabolic reduction
- More understanding in physiological problem such as effect of CO<sub>2</sub>, cardio vascular function and control for example.

Additional websites

<http://www.freeonlineresearchpapers.com/hibernation-patterns-various-frogs-review-homeostatis>

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